

Session III:

World-Class Study Sessions – 3 Crucial Characteristics

What you do during a study session [while important] matters less than how you do it. Two students doing the exact same thing can achieve totally different results because of their approaches.



3 Crucial Characteristics
of a simple (effective)
study session:

1. _____

2. _____

3. _____

Characteristic #1: _____

2 Parts of finding your focus:

_____ and _____.



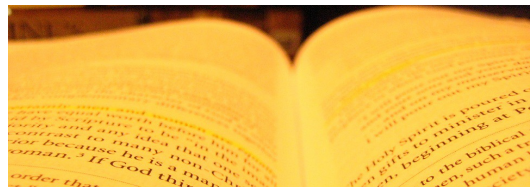
Notes:

Characteristic #2:



"How to have an active study session"

Read



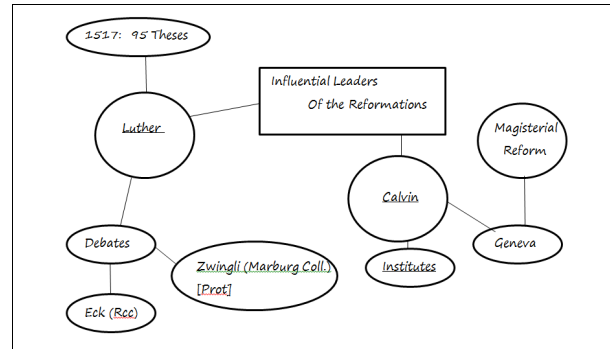
Write

Taking Good Notes: _____

- 4 Methods:**
1. Outline
 2. Outline Revisited
 3. 2 Column
 4. Idea Map/Web

<p>I. Influential Leaders of the Reformations</p> <p>a. Martin Luther</p> <p>i. 95 Theses</p> <ol style="list-style-type: none"> 1. Wittenberg door 2. 1517 3. Start of Ref. <p>ii. Debates</p> <ol style="list-style-type: none"> 1. John Eck (RCC) 2. Ulrich Zwingli (Prot.) <p>b. John Calvin</p> <p>i. Geneva</p> <ol style="list-style-type: none"> 1. Writing - Institutes 2. Working - Pastor <p>ii. Magisterial Reform</p> <ol style="list-style-type: none"> 1. City morality 2. Problems came up; not fans at Geneva 	<ul style="list-style-type: none"> • Influential Leaders of the Reformations - Martin Luther +95 Theses @ Wittenberg/1517 → Starts it all → Also a debater (John Eck, RCC; or Zwingli) +Probably a contentious guy -John Calvin (Geneva) → Magisterial Reformer +Not all like this (e.g., me) → Also wrote Institutes there [Busy guy - that's a big book]
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Influential Leaders of the Reformations	
<u>Martin Luther</u>	
+Posted 95 theses @ Wittenburg in 1517	Catalyst for others
+ Debated John Eck (the RCC debater) & Ulrich Zwingli in the Marburg Colloquy (Prot.) --> [2 Different events]	Controversial Person Not sure if I'd like him in person
<u>John Calvin</u>	
+Did most of his writing & working in Geneva, Swit.	
+Transformed entire city morally, not just the church --> magisterial reformer	I'm not sure I agree with this Those would be some annoying reforms at times



React

Did I know this already? Can I use this in real life? Do I like this?

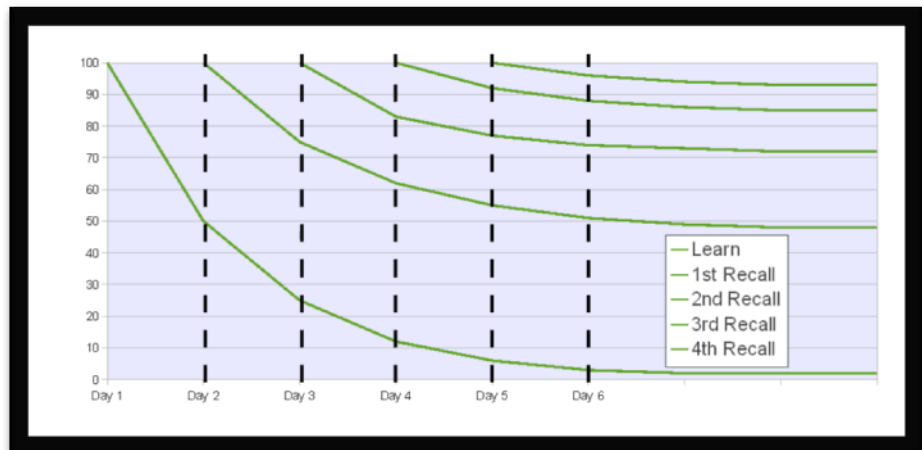


How easily can I believe this? How did this make me feel?
Would I be friends with this person? Do they remind me of anyone?

Recall

Ebbinghaus Forgetting Curve

Understand the importance of improving recall and incorporating it into your study sessions.

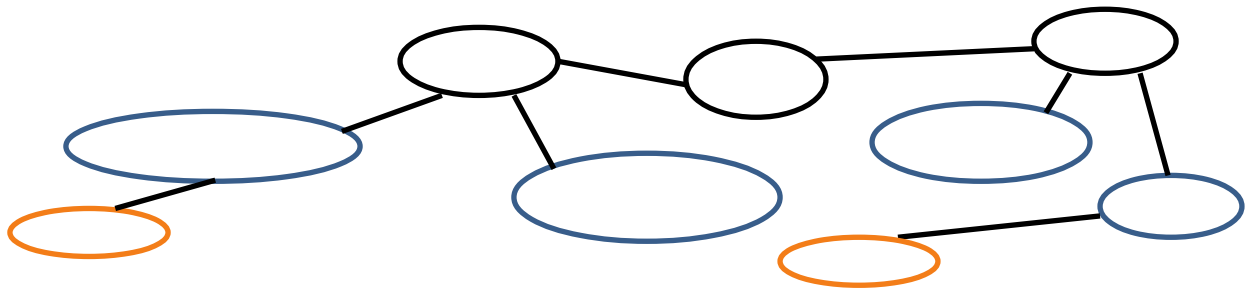


Characteristic #3:

"Connection Fuels Retention"



Creating Connected Study Sessions:



Study Right Take-away:

1) The degree to which your study sessions are FOCUSED, ACTIVE, and CONNECTED will determine the degree of your effectiveness during your sessions.

2) Begin by making one small adjustment to improve each characteristic – Focused, Active, Connected – and self-monitor as you go to make steady improvement. This is a journey; it takes time to develop extremely effective study sessions.