

In Session 4, we give you 19 practical, nuts-and-bolts strategies for applying the three simple characteristics of a world-class study session. We encourage you to take each of these down and pick three (one from each section) to begin implementing this week. If you can do these simple strategies, you'll find yourself spending less time in the books and getting better results at the same time.

FOCUSED:

1. _____

2. _____

3. _____

4. _____

ACTIVE:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

CONNECTED:

1. _____

2. _____

3. _____

4. _____